



# Peony Rose Linen Spray

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Looking for a quick way to freshen up the house? Then whip up our peony rose linen spray with essential oils! This DIY linen spray is made only with natural ingredients. It's child-friendly and pet-safe. Mist pillows, blankets, shower curtains, sofas. Spray it on linens before ironing or the little one's stuffed animals. Instead of using peony oil, you can also combine rose and geranium, rose and lavender, or peony and jasmine. Use alcohol that contains at least 95% alcohol, such as Everclear (190 Proof). The alcohol helps to combat bacteria (so important!) and evaporates immediately after spraying. It also acts as a solubiliser to keep the water and oils homogeneously mixed. You can download the printable label here: <http://chcotta.ge/bl0253>

## Materials

60 ml (2.1 fl oz / 1/4 cup) distilled water

60 ml (2.1 fl oz / 1/4) ethyl alcohol (see tip)

40 drops peony essential oil (Alternatively, use a high-quality peony fragrance oil.)

30 drops Bulgarian rose essential oil (Rosa damascena)

10 drops white rose essential oil (Rosa alba)

120 ml (4.2 fl oz) spritz bottle with a fine mister (I used an empty, cleaned deodorant bottle.)

printable label (download below)

## Instructions

1) Mix dry the linen spray

Using a funnel, fill the distilled water, ethyl alcohol, and the essential oils into the spritz bottle. Close the lid tightly and shake the bottle until the liquids are well combined.

2) Print and apply the label

Print the gift tags on DIN A4 or letter size self-adhesive or sticker paper and cut out along the grey outline. Adhere the label to the bottle. The label comes in different sizes, giving you more options when choosing a bottle.

## How to use the DIY linen spray

Shake the linen spray before every use. Then spray from a distance of approximately 30 cm (12 in) to any soft surface.

## Storage and shelf life

Stored in a dark, cool place, the linen spray can be stored for up to 12 months.