



DIY Rose Cleansing Balm



This natural DIY rose cleansing balm is a lovely way to pamper yourself at the end of the day. It pairs the aroma of fresh roses with a rich, silky consistency that will melt away even the most long-wearing makeup. This DIY beauty recipe is curtesy of guest bloggers Kim and Kyla from A Life Adjacent. You can connect with Kim and Kyla at <https://www.alifeadjacent.com>

Instructions

1) Melt the wax

In a double boiler over medium heat, melt the beeswax (or sunflower wax) and Olivem 1000. Stir frequently to break up any lumps.

2) Add the jojoba oil and rose powder

Once completely melted, remove the mixture from heat and stir in the jojoba oil and rose petal powder. Let cool for a few minutes.

3) Add the rose wax

Lastly, add the rose wax or rose essential oil. If using rose wax, mix until the wax has melted. If at any point the mixture begins to harden, place it back over low heat briefly and mix until liquified. Only the lowest possible heat, as you don't want to damage the jojoba oil or the aromatic constituents of the rose wax.

4) Let the cleansing balm set

While your mixture is still liquid, transfer it to a small glass container with a lid. Place the lid on the container and leave your jar somewhere where it won't be disturbed for at least an hour. No need to put it into the fridge – the wax will harden your balm at room temperature.

How to use the cleansing balm

Since a cleansing balm cleanses deeply, it's best used at night on a face full of makeup. You don't want or need to disturb your skin's protective barrier by using a cleansing balm twice a day.

Start with dry skin. Scoop a generous amount out of the jar using a clean cosmetic spoon or spatula.

Massage your balm into your skin with gentle, circular motions, and watch as the balm quickly melts and emulsifies your makeup.

Once you've finished your facial massage, place a hot, wet washcloth over your face to briefly steam your pores. Then, gently wipe the cloth across your face to remove the balm. If at this point you still have residual eye makeup, you may wish to repeat the process again.

After this step, your face should be free of visible makeup. To ensure a thorough cleanse, follow up your cleansing balm with your usual facial cleanser. and ready for the rest of your skincare routine.

Materials

1/2 cup (110 g) clear jojoba oil

2 tbsp (29 g) white beeswax pellets or 1
tbsp (14.76 g) sunflower wax pellets

1 tsp (5 g) Olivem 1000

1/2 tsp (2.25 g) organic rose wax (or a
few drops of rose otto)

1/8 tsp (0.33 g) pink rose petal powder