



Floral Bath Creamers



Add luxury to your bath time with floral DIY bath creamers! Homemade bath creamers are a mix of fizzy bath bombs and nourishing bath melts. The natural ingredients for these handmade beauty products include moisturising shea and cocoa butter, milk powder, and fragrant essential oils. They are also a thoughtful homemade gift for everyone interested in natural skincare. You can download gift tags here: <http://chcotta.ge/bl0350>

Instructions

SLSA is a very fine, dusty powder. Wear a face mask to avoid breathing any in. As some of the amounts stated in this recipe are rather small, we recommend to measure out the ingredients with a digital scale for precise measurements.

Materials

150 – 200 g (5.3 – 7 oz) cocoa butter
50 g (1.7 oz) shea butter
600 g (21.2 oz) baking soda
200 g (7 oz) goat's milk powder
60 g (2.1 oz) cornflour (cornstarch)
20 g (0.7 oz) SLSA (Sodium Lauryl Sulfate)
10 g (0.35 oz) grapefruit essential oil
5 g (0.17 oz) mandarin red essential oil
2 g (0.02 oz) ylang-ylang essential oil
dried petals mix

Storage & shelf life

The DIY bath creamers can be stored in an airtight container in a cool, dark place for up to a year.

1) Melt the butters

Add the cocoa and shea butter to a heat-resistant bowl and melt in a water bath over a low flame. Once completely melted, take off the heat and let sit for 10 minutes. Then stir in the essential oils.

2) Mix the dry ingredients

Put on the mouth cover and gloves. Weight out the dry ingredients and put them into a mixing bowl. Combine until no lumps are showing.

3) Make the bath creamer mixture

Pour the melted butter-essential oil mixture over the dry ingredients and knead well to combine.

4) Form and chill the bath creamers

Form 3 cm (1.2 in) balls from the mixture and then roll in dried flower petals. Place the bath creamers on a lined plate or tray and let firm up in the refrigerator or freezer for one hour.

Tips

Looking at the ingredients list, you can see that I wrote 150 to 200 g (5.3 – 7 oz) cocoa butter. I recommend to start with 150 g (5.3 oz) and increase the amount of cocoa butter only if the mixture is too dry to roll balls.

On the other hand, when the mixture is too soft add soda and cornstarch, a spoonful at a time, until it maintains its shape. You can also gently warm the mixture in the water bath should it become too firm to form creamers.

How to use the bath creamers

Drop the bath creamers into a warm bath, and they will fizz softly, releasing its moisturising butters and fragrant essential oils into the water. Apply body lotion or body butter after the bath.